## Getting Acquainted

Congratulations upon your selection of this CASIO watch. To get the most out of your purchase, be sure to read this manual carefully.
Keep the watch exposed to bright light


The electricit generated by the solar cell of the watch is stored by a rechargeable battery. Leaving or using the watch where it is not exposed to light causes the battery to un down. Make sure the watch is exposed to light as
uch as possible.
wearing the watch on your wrist, position the face so it is pointed at a source of bright You
as much try to keep the watch outside of your sleeve as much as possible. Charging is reduced significantly it the face is covered only partially.

- The watch continues to operate, even when it is not exposed to light. Leaving the
- The watch continues to operate, even when it is not exposed to light. Leaving the watch in the dark can cause the battery to run down, which will result in some watch
functions to be disabled. If the battery goes dead, you will have to re-configure watch functions to be disabled. If the battery goes dead, you will have to re-configure w
settings after recharging. To ensure normal watch operation, be sure to keep it exposed to light as much as possible.
Battery charges in the light.
Battery discharges in the dark.

- The actual level at which some functions are disabled depends on the watch model.
- The actual level at which some functions are disabled depends on the watch model - The following guidelines give an idea of the charging time required to recover from a single illumination operation.

Approximately 5 minutes exposure to bright sunlight coming in through a window Approximately 8 hours exposure to indoor fluorescent lighting

- Be sure to read "Power Supply" (page E-35) for important information you need to know when exposing the watch to bright light.
If the display of the watch is blank..
If the display of the watch is blank, it means that the watch's Power Saving function has turned off the display to conserve power
- See "Power Saving Function" (page E-45) for more information


## About This Manual

- Depending on the model of your watch, display text appears either as dark figures n a light background or light figures on a dark background. All sample displays in this manual are shown using dark figures on a light background
- Each section of this manual provides you with the information you need to perform operations in each mode. Further details and technical information can be found in the "Reference" section.



## Contents

| General Guide | E-8 |
| :---: | :---: |
| Timekeeping | E-10 |
| World Time | E-17 |
| Alarms | E-19 |
| Stopwatch | E-25 |
| Countdown Time | E-27 |
| Illumination | E-30 |
| Power Supply | E-35 |
| Reference | E-43 |
| Specifications |  |

Procedure LookupThe following is a handy reference list of all the operational procedures contained inthis manual.
To set the time and date manually ..... E-11
To specify your Home City ..... E-14
To change the Daylight Saving Time (summer time) setting ..... E-15
To view the time in another city ..... E-18
To toggle a city code time between Standard Time and Daylight Saving Time. ..... E-18
To set an alarm time ..... E-20
To test the alarm ..... E-22
To turn an alarm on and off ..... E-23
To turn the Hourly Time Signal on and off ..... E-24
To measure times with the stopwatch ..... E-26
To configure the countdown timer ..... E-28
To use the countdown timer ..... E-29
To illuminate the display manually ..... E-30
To specify the illumination duration ..... E-31
To turn the auto light switch on and off ..... E-34
To turn the button operation tone on and off ..... E-44
To recover from the sleep state ..... E-46
To turn Power Saving on and off .. ..... E-47

General Guide

- Press © to change from mode to mode
- In any mode, press (L) to illuminate the display.



## Operation Guide 3269

Timekeeping
Press the（B）button to toggle the upper display between the day of the week and date，and the currently selected World Time city and time（Dual Time）． Use the Timekeeping Mode to set and view the current time and date．


Read This Before You Set the Time and Date！
This watch is preset with a number of city codes，each of which represents the time This watch is preset with a number of city codes，each of which represents the time zone where that city is located．When setting the time，it is important that you first
select the correct city code for your Home City（the city where you normally use the watch）．If your location is not included in the preset city codes，select the preset city code that is in the same time zone as your location．
－Note that all of the times for the World Time Mode city codes（page E－17）are displayed in accordance with the time and date settings you configure in the Timekeeping Mode

## To set the time and date manually

| －${ }^{\text {a }}$ | 1．In the Timekeeping Mode hold down（A）until the city code starts to flash，which indicates the setting screen |
| :---: | :---: |
| ジ | 2．Use（D）and（B）to select the city code you want． |
|  | －Make sure you select your Home City code before changing any other setting． |

，which ind
Use（D）and（B）to select the city code you want changing any other setting
－For full information on city codes，see the＂UTC Differential／City Code List＂at the back of this manual
3．Press © to move the flashing in the sequence shown below to select the other setting


4．When the timekeeping setting you want to change is flashing，use（D）or（B）to change it as described below．

| Screen： | To do this： | Do this： |
| :---: | :---: | :---: |
| ｜＇rim | Specify your Home City | Use（D）（east）and（B） （west）． |
| ？ | Cycle between Daylight Saving Time （：I）and Standard Time（： | Press（D）． |


| Screen： | To do this： | Do this： |
| :---: | :---: | :---: |
| 1 | Toggle between 12－hour（ $\mathbf{I} \mathbf{\Sigma H}$ ）and 24－hour（ $\mathbf{E} 4 \mathrm{H}$ ）timekeeping | Press（D）． |
| 57 | Reset the seconds to zero（ $\boldsymbol{f t} \boldsymbol{f}$ ） | Press（D）． |
| ${ }^{P} \text { HA:5 }$ | Change the hour and minutes | Use（ ${ }^{\text {（ }}$（＋）and（B）（－）． |
| 已［if E－3E | Change the year，month and day |  |
| HE＇i＇m | Toggle between Button Operation Tone on（HEYsf）and off（MUTE） | Press（D）． |
| L．T I | Toggle the display illumination duration between 1.5 seconds（LTT1） and three seconds（LTE） | Press（D）． |
|  | Toggle between Power Saving on（ $\boldsymbol{f} \boldsymbol{f}$ ） and off（ $\boldsymbol{A}$ FF） | Press（D）． |

5．Press（A）to exit the setting screen

To specify your Home City


Daylight Saving Time（DST）
Daylight Saving Time（summer time）advances the time setting by one hour from Standard Time．Remember that not all countries or even local areas use Dayligh Saving Time．
To change the Daylight Saving Time（summer time）setting
1．In the Timekeeping Mode，hold down（A）until the city

code starts to flash，which indicates the setting screen．
2．Press（C）and the DST setting screen appears．
sequence shown below．
DST off $(\cdots, \cdots) \longleftrightarrow$ DST on $(\ldots+1+\cdots)$
DST indicator
4．When the setting you want is selected，press（A）to exit the setting screen．
－The DST indicator appears to indicate that Daylight Saving Time is turned on．

## 12－hour and 24－hour timekeeping

－With the 12－hour format，the $\mathbf{P}$（PM）indicator appears to the left of the hour digits for
times in the range of noon to $11: 59 \mathrm{p} . \mathrm{m}$ ．and no indicator appears to the left of the hour digits for times in the range of midnight to 11.59 a．m．
－With the 24－hour format，times are displayed in the range of $0: 00$ to $23: 59$ ，without the $\mathbf{P}(\mathrm{PM})$ indicator
－The 12 －hour／24－hour timekeeping format you select in the Timekeeping Mode is applied in all other modes．

## Others

－The day of the week is displayed automatically in accordance with the date（year， month and day）settings
－Button operation tone on and off（page E－44）
－Illumination duration（page E－31）
－Power Saving on and off（page E－47）

E－16

World Time


World Time shows the current time in 48 cities（ 31 tim zones）around the world．
－The times kept in the World Time Mode are synchronized with the time being kept in the
Timekeeping Mode．If you feel that there is an error in any World Time Mode time，check to make sure you have the correct city selected as your Home City．Also check to make sure that the current time as shown in the Timekeeping Mode is correct．
Select a city code in the World Time Mode to display the current time in any particular time zone around the globe．See the＂UTC Differential／City Code List＂at the differential settings that are supported．
－All of the operations in this section are performed in the World Time Mode，which you enter by pressing（C） （page E－9）．

## To view the time in another city

While in the World Time Mode，use the（D）（eastward）and（B）（westward）buttons to scrol through the city codes（time zones）．Holding down either button scrolls at high speed．

To toggle a city code time between Standard Time and Daylight Saving Time
 ．In the World Time Mode，use（D）and B to display the city code（time zone）whose Standard Time／Daylight Saving Time setting you want to change． ．Hold down（A）to toggle between Daylight Saving Time （DST indicator displayed）and Standard Time（DST indicator not displayed）．
－The DST indicator is shown on the World Time Mode screen while Daylight Saving Time is turned on You can turn on DST individually for each city code Turning on
selected as your Home City will turn on DST for normal timekeeping．


## Operation Guide 3269

To set an alarm time

.In the Alarm Mode, use (D) to scroll through the alarm screens until the one whose time you want to set is displayed.
$\frac{\sqrt{F L 1}-\sqrt{F L Z}-\sqrt{F L 3}-\sqrt{F L 4} 4}{5 I G}$

- To set a daily alarm, display alarm screen FLI , FL $=, \mathrm{FL}=$ or H .4 . To set the snooze alarm, display the 末णZ screen.

2. After you select an alarm, hold down (A) until the hour setting of the alarm time starts to flash, which indicates the setting screen.

- This operation turns on the alarm automatically.

3. Press (C) to move the flashing in the sequence shown below.

## Hour


4. Use (D) (+) and (B) ( - ) to change the hour and minutes.

- With the 12-hour format, set the time correctly as a.m. or p.m. (P indicator). 5. Press (A) to exit the setting screen


## Alarm Operation

The alarm tone sounds at the preset time for 10 seconds, regardless of the mode the watch is in. In the case of the snooze alarm, the alarm operation is performed a total of seven times, every five minutes, until you turn the alarm off (page E-23).

- Alarm and Hourly Time Signal operations are performed in accordance with the

Timekeeping Mode time.

- To stop the alarm tone after it starts to sound, press any button.
- Performing any one of the operations below during a 5-minute interval between
snooze alarms cancels the current snooze alarm operation.
Displaying the Timekeeping Mode setting screen (page E-11)
Displaying the $=1 \mathrm{~L}$ : setting screen (page E-23)
To test the alarm
In the Alarm Mode, hold down (D) to sound the alarm.


## To turn an alarm on and off



To turn the Hourly Time Signal on and off


Stopwatch


The stopwatch lets you measure elapsed time, split times, and two finishes.
The display range of the stopwatch is 23 hours, 59
The stop, 59.99 seconds.
after it reaches its limit, until you stop it.

- The stopwatch measurement operation continues even if you exit the Stopwatch Mode.
- Exiting the Stopwatch Mode while a split time is frozen on the display clears the split time and returns to on the display clears the spl
elapsed time measurement
- All of the operations in this section are performed in the Stopwatch Mode, which you enter by pressing (C) (page

To measure times with the stopwatch


## Countdown Timer



To configure the countdown timer

2. Press (C) to move the flashing in the sequence shown below.

3. Use (D) (+) and (B) (-) to change the Hours and Minutes.

- To specify a countdown start time of 24 hours, set $\mathrm{f}: \mathrm{Al}$

4. Press (A) to exit the setting screen.

To use the countdown timer
Seconds
Timer start time
Press (D) while in the Countdown Timer Mode to start the countdown timer
countdown timer operation continues even if you exit the Countdown Timer Mode.

- Press (D) while a countdown operation is in progress to pause it. Press (D) again to resume the countdown. To stop a countdown operation completely, first pause it (by pressing (D), and then press (B). This returns the countdown time to its starting value.


## Operation Guide 3269



This watch has an EL (electro-luminescent) panel that causes the entire display to glow for easy reading in the dark. The watch's auto light switch turns on illumination automatically when you angle the watch toward your face. - The auto light switch must be turned on (indicated by the auto light switch on indicator) for it to operate. important information about using illumination.

To illuminate the display manually
In any mode, press (L) to turn on illumination

- The above operation turns on illumination regardless of the current auto light switch setting.
seconds or 3 seconds as the illumination either 1.5 you press (L), the illumination will remain on for about 1.5 seconds or 3 seconds, depending on the current illumination duration setting.

To specify the illumination duration
In the Timekeeping Mode, hold down (A) until the display contents start to flash. This is the setting screen Press (C) 10 times to display the current illumination duration (LT1 or LT3).
3. Press (D) to toggle the setting between LT1 (1.5
seconds) and LT3 (three seconds).
4. Press (A) to exit the setting screen.

About the Auto Light Switch
Turning on the auto light switch causes illumination to turn on, whenever you position your wrist as described below in any mode.

Moving the watch to a position that is parallel to the ground and then tilting it toward you more than 40 degrees causes illumination to turn on - Wear the watch on the outside of your wrist.



Warning!

- Always make sure you are in a safe place whenever you are reading the display of the watch using the auto light switch. Be especially careful when unning or engaged in any other activity that can result in accident or injury Also take care that sudden illumination by the auto light switch does not startle or distract others around you.
- When you are wearing the watch, make sure that its auto light switch is turned off before riding a bicycle or operating a motorcycle or any other motor vehicle. Sudden and unintended operation of the auto light switch can create distraction, which can result in a traffic accident and serious personal injury.
- Illumination may not turn on if the face of the watch is more than 15 degrees above or below parallel. Make sure that the back of your hand is parallel to the ground.

To turn the auto light switch on and off
In the Timekeeping Mode, hold down (L) for about three seconds to toggle auto light switch on (indicator $w-$ is shown on the display) and sff

- The auto light switch on indicator ( ${ }^{5-}$ ) is shown on the display in all modes while the auto light switch is turned on.


## Power Supply

This watch is equipped with a solar cell and a rechargeable battery that is charged by the electrical power produced by the solar cell. The illustration shown below shows how you should position the watch for charging
Example: Orient the watch so its face is pointing at a light source.

- The illustration shows how to position a watch with a resin band.
- Note that charging efficiency drops when any part of the solar cell is blocked by clothing, etc.
- You should try to keep the watch outsid
 of your sleeve as much as possible. Charging is reduced significantly if the face is covered only partially.


Battery Power Indicator and Recover Indicator
The battery power indicator on the display shows you the current status of the
rechargeable battery's power.


## Important!

- Storing the watch for long periods in an area where there is no light or wearing it in such a way that it is blocked from exposure to light can cause rechargeable battery power to run down. Be sure that the watch is exposed to bright light whenever possible.
This watch uses a rechargeable battery to store power produced by the solar cell, so egular battery replacement is not required. However, after very long use, the echargeable battery may lose its ability to achieve a full charge. If you experience problems getting the rechargeable battery to charge fully, contact your dealer or CASIO distributor about having it replaced.
- Never try to remove or replace the watch's rechargeable battery yourself. Use of the wrong type of battery can damage the watch.
- The current time and all other settings return to their initial factory defaults whenever battery power drops to Level 5 (pages E-37 and E-38) and when you have the battery replaced.
- Turn on the watch's Power Saving function (page E-45) and keep it in an area normally exposed to bright light when storing it for long periods. This helps to keep the rechargeable battery from going dead.
- The flashing L.LD indicator at Level 3 tells you that battery power is very low, and that exposure to bright light for charging is required as soon as possible. At Level 5 , all fur defaults. Once the battery reaches $L$ The watch Hon settings.
(Tokyo) wheneved the battery drops to Level 5 or when you have the rechargeable battery
Display
Level 2.
-Leaving the watch exposed to direct sunlight or some other very strong light source can cause the battery power indicator to show a reading temporarily higher than the actual battery level. The correct battery level should be indicated after a few minutes.

- Performing illumination or beeper operations during a short period may cause LMH (recover) to appear on the display. Illumination, alarm, countdown timer alarm and hourly time signal will be disabled until battery power recovers.
After some time, battery power will recover and L M $\mathbf{H}$ (recover) will disappear, indicating that the above If $\mathbf{L M \mathbf { M H } \text { (recover) appears frequently, it probably means }}$ that remaining battery power is low. Leave the watch in bright light to allow it to charge.


## Operation Guide 3269

Charging Precautions
Certain charging conditions can cause the watch to become very hot. Avoid leaving the watch in the areas described below whenever charging its rechargeable battery Alssplay to black out. The appearan to become very hot can cause its liquid crystal the watch returns to lower temperature
Warning!
Leaving the watch in bright light to charge its rechargeable battery can cause it to become quite hot. Take care when handling the watch to avoid burn injury. The watch can become particularly hot when exposed to the following conditions for long periods.

- On the dashboard of a car parked in direct sunlight
- Too close to an incandescent lamp
- Under direct sunlight

Charging Guide

- The following table shows the amount of time the watch needs to be exposed to light each day in order to generate enough power for normal daily operations.

| Exposure Level (Brightness) | Approximate <br> Exposure Time |
| :--- | :--- |
| Outdoor Sunlight (50,000 lux) | 5 minutes |
| Sunlight Through a Window (10,000 lux) | 24 minutes |
| Daylight Through a Window on a Cloudy Day (5,000 lux) | 48 minutes |
| Indoor Fluorescent Lighting (500 lux) | 8 hours |

- For details about the battery operating time and daily operating conditions, see the
"Power Supply" section of the Specifications (page E-52).
- Stable operation is promoted by frequent exposure to light.

Recovery Times
The table below shows the amount exposure that is required to take the battery from The table below show
one level to the next.

| Exposure Level (Brightness) | Approximate Exposure Time |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Level 5 | Level 4 | Level 3 | Level 2 | Level 1 |
| Outdoor Sunlight $(50,000 \text { lux })$ | 3 hours |  |  | 33 hours | 9 hours |
| Sunlight Through a Window (10,000 lux) | 10 hours |  |  | 125 hours | 34 hours |
| Daylight Through a Window on a Cloudy Day (5,000 lux) | 15 hours |  |  | 202 hours | 54 hours |
| Indoor Fluorescent Lighting (500 lux) | 173 hours |  |  | - | ----- |

- The above exposure time values are all for reference only. Actual required exposure times depend on lighting conditions


## Reference

This section contains more detailed and technical information about watch operation. It also contains important precautions and notes about the various features and functions of this watch.

## Graphic Area

The information shown in the graphic area depends on the current mode.

| Mode | Graphic Area |  |
| :--- | :--- | :--- |
| Timekeeping | Timekeeping Mode seconds |  |
| Wraphic Area | World Time | Timekeeping Mode seconds |
| Alarm | Rotates when the time is reached |  |
| Stopwatch | Stopwatch Mode $1 / 10$ seconds |  |
| Countdown Timer | Countdown Timer Mode seconds <br> Rotates when the time is reached |  |

Button Operation Tone


The button operation tone sounds any time you press one of the watch's buttons. You can turn the button operation tone on and off as desired

- Even if you turn off the button operation tone, the alarms, the Hourly Time Signal, and the countdown alarm all operate normally.

To turn the button operation tone on and off

1. In the Timekeeping Mode, hold down (A) until the
display contents start to flash. This is the setting screen
2. Press (C) nine times to display the current button operation tone setting (WEYH or MIITE)
3. Press (D) to toggle the button operation tone on (HEY
4. Press (A) to exit the setting screen.

- The MUTE indicator is displayed in all modes when the button operation tone is turned off.

Power Saving Function


When turned on, the Power Saving function enters a sleep state automatically whenever the watch is left in an area sows how watch functions are affected by the Power Saving function.

| Elapsed Time <br> in Dark | Display | Operation |
| :---: | :--- | :--- |
| 60 to 70 minutes | Blank, with Power Saving on indicator <br> $\left(0^{--s}\right)$ | All functions enabled, <br> except for the display |
| 6 or 7 days | Blank, with Power Saving on indicator <br> $\left(0^{-s / s}\right)$ displayed (not flashing) | Beeper tone, illumination, <br> and display are disabled. |

- Wearing the watch inside the sleeve of clothing can cause it to enter the sleep state
- Wearing the watch inside the sleeve of clothing can cause it to enter the sleep state, is already in the sleep state when 6:00 AM arrives, however, it will remain in the sleep state.

To recover from the sleep state
Perform any one of the following operations.

- Move the watch to a well-lit area
- Press any button.
- Angle the watch toward your face for reading (page E-32)


## To turn Power Saving on and off

1. In the Timekeeping Mode, hold down (A) until the city 1. In the Timekeeping Mode, hold down (A) until the city 2 Press (C) eleven times until the Power Saving on/off screen appears.

Press (D) to toggle Power Saving on ( $\boldsymbol{A}$ ) and off ( $\boldsymbol{A}$ FF).
4. Press (A) to exit the setting screen.

- The Power Saving on indicator $\left(0^{-m_{s}}\right)$ is displayed in all modes while Power Saving is turned on.


On/Off status
Auto Return
If you do not perform any operation for about two or three minutes while a setting screen (with a flashing setting) is on the display, the watch will exit the setting screen automatically.

## Scrolling

The (B) and (D) buttons are used in various modes and setting screens to scroll through data on the display. In most cases, holding down these buttons during a scrol operation scrolls at high speed.

## Initial Screens

When you enter the World Time Mode, or Alarm Mode, the data you were viewing when you last exited the mode appears first.

## Timekeeping

- Resetting the seconds to 0 while the current count is in the range of 30 to 59 causes the minutes to be increased by 1 . In the range of 00 to 29 , the seconds are eset to 09 without changing the minutes.
- The year can be set in the range of 2000 to 2099
- The watch's built-in full automatic calendar makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced or the battery drops to Level 5.
- The current time for all city codes in the Timekeeping Mode and World Time Mode is calculated in accordance with the Coordinated Universal Time (UTC) for each city, based on your Home City time setting.


## World Time

The seconds count of the World Time is synchronized with the seconds count of the Timekeeping Mode.

## Illumination Precautions

- The electro-luminescent panel that provides illumination loses power after very long use.
- The watch may beit an audibee when viewed under direct sunlight. This is
due to vibration of the EL panel used for illumination, and does not indicate malfunction.
- Illumination turns off automatically whenever an alarm sounds
- Frequent use of illumination runs down the battery.

Auto light switch precautions

- Avoid wearing the watch on the inside of your wrist. Doing so causes the auto light switch to operate when it is not needed, which shortens battery life. If you want to
wear the watch on the inside of your wrist, turn off the auto light switch feature
- Illumination turns off after a preset amount of time ( 1.5 or 3 seconds), even if you
keep the watch pointed toward your face.
- Static electricity or magnetic force can interfere with proper operation of the auto light switch. If illumination does not turn on, try moving the watch back to the starting position (parallel with the ground) and then tilt it back toward you again. If this does not work, drop your arm all the way down so it hangs at your side, and then bring it
back up again
Under certain conditions, illumination may not turn on until about one second after you turn the face of the watch toward you. This does not necessarily indicate
alfunction of the auto light switch.
You may notice a very faint clicking sound coming from the watch when it is shaken都 switch, and does not indicate a problem with the watch


## Specifications

Accuracy at normal temperature: $\pm 15$ seconds a month
Timekeeping: Hour, minutes, seconds, p.m. (P), month, day, day of the week Time format: 12-hour and 24-hour
Calendar system: Full Auto-calendar pre-programmed from the year 2000 to 2099
Other: Home City code (can be assigned one of 48 city codes); Standard Time /
Daylight Saving Time (summer time)
World Time: 48 cities ( 31 time zones)
Other: Daylight Saving Time/Standard Time
Alarms: 5 daily alarms (four daily alarms; one snooze alarm); Hourly Time Signal
Stopwatch:
Measuring unit: $1 / 100$ second
Measuring capacity: $23: 59^{\prime} 59.99^{\prime \prime}$
Measuring modes: Elapsed time, split time, two finishes
Countdown Timer:
Measuring unit: 1 second
Input range: 1 minute to 24 hours ( 1 -minute increments and 1 -hour increments)

Illumination: EL (electro-luminescent panel); Auto Light Switch; Selectable
illumination duration
Other: Button operation tone on/off, Power saving on/off
Power Supply: Solar cell and one rechargeable battery
Approximate battery operating time: 12 months (from full charge to Level 4)
under the following conditions.

- Internal timekeeping

Display on 18 hours per day, sleep state 6 hours per day

- 1 illumination operation( 1.5 second) per day
- 10 seconds of alarm operation per day

UTC Differential/City Code List

| City <br> Code | City | UTC <br> Differential |
| :---: | :---: | :---: |
| PPG | Pago Pago | -11 |
| HNL | Honolulu | -10 |
| ANC | Anchorage | -9 |
| YVR | Vancouver | -8 |
| LAX | Los Angeles | -8 |
| YEA | Edmonton | -7 |
| DEN | Denver |  |
| MEX | Mexico City | -6 |
| CHI | Chicago |  |
| NYC | New York | -5 |
| SCL | Santiago | -4 |
| YHZ | Halifax |  |
| YYT | St. Johns | -3 |
| RIO | Rio De Janeiro | -3 |


| City Code | City | UTC Differential |
| :---: | :---: | :---: |
| FEN | Fernando De Noronha | -2 |
| RAI | Praia | -1 |
| UTC |  | 0 |
| LIS | Lisbon |  |
| LON | London |  |
| MAD | Madrid | +1 |
| PAR | Paris |  |
| ROM | Rome |  |
| BER | Berlin |  |
| STO | Stockholm |  |
| ATH | Athens | +2 |
| CAI | Cairo |  |
| JRS | Jerusalem |  |


| City Code | City | UTC Differential |
| :---: | :---: | :---: |
| MOW | Moscow |  |
| JED | Jeddah | +3 |
| THR | Tehran | +3.5 |
| DXB | Dubai | +4 |
| KBL | Kabul | +4.5 |
| KHI | Karachi | +5 |
| DEL | Delhi | +5.5 |
| KTM | Kathmandu | +5.75 |
| DAC | Dhaka | +6 |
| RGN | Yangon | +6.5 |
| BKK | Bangkok | +7 |
| SIN | Singapore | +8 |
| HKG | Hong Kong |  |
| BJS | Beijing |  |
| TPE | Taipei |  |


| City <br> Code | City | UTC <br> Differential |
| :---: | :---: | :---: |
| SEL | Seoul | +9 |
| TYO | Tokyo |  |
| ADL | Adelaide | +9.5 |
| GUM | Guam | +10 |
| SYD | Sydney | +10 |
| NOU | Noumea | +11 |
| WLG | Wellington | +12 |

- Based on data as of December 2010.
- The rules governing global times
(GMT differential and UTC offset) and summer time are determined by each individual country.

